

Looking for leaf shapes



How many different shapes did you find?

Can you notice any **differences or similarities** between the leaf shapes you have found?

Differences	Similarities

What do these leaves and their patterns and shapes remind you of?
How do they make you feel?



Studies have shown that the most relaxing patterns are those with repetition that our brains can process easily. These are called *fractals*, and include patterns in seedheads, tree branches, ferns, and pinecones.

